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SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL

TAEKWONDO (SENIOR DIVISION) RULES AND REGULATIONS FOR NATIONAL SCHOOL GAMES 2024

CONTENT

Section/ Paragraph	Content
	Preamble
Section A	Administrative Rules and Regulations
1	Organisation Structure and Governing Bodies
2	Age Groups / Divisions / NSG Sports Categories
3	Entries
4	Registration of Participants
Section B	Competition Rules and Regulations
5	Competition Format
6	Award of Points
7	Awards
8	Reporting and Grace Period
9	Postponement and Abandonment
10	Withdrawal and Forfeiture
11	Walkout
12	Clarification and Protest
13	Appeal
14	Barred Participants
15	Team Manager
16	Coaches
17	Competition Officials
18	Spectators
19	Serious Breach of Conduct
20	Attire
21	Poomsae
22	Procedure for Poomsae Events
23	Kyorugi
24	Procedure for Kyorugi Events
Section C	Amendments and Matters Not Provided For
25	Matters Not Provided For
26	Amendments
27	List of Annexes

PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG). These rules and regulations should be interpreted and implemented in alignment to the spirit of the SPSSC's Mission, Aspirations and Motto ([Refer to Annex A](#)).

SECTION A – ADMINISTRATIVE RULES AND REGULATIONS

1. ORGANISATION STRUCTURE AND GOVERNING BODIES

1.1 The National School Games (NSG) shall be conducted:

- 1.1.1 as governed by the General Rules and Regulations of the Singapore Primary Schools Sports Council (SPSSC).
- 1.1.2 according to the taekwondo rules and regulations that are modified to suit the level of our school students for safety / developmental reasons.
- 1.1.3 in adherence to the Baseline Safety Standards for the NSG.
- 1.1.4 according to the World Taekwondo Federation (WT) rules adopted and modified by the Singapore Taekwondo Federation (STF).

1.2 National School Games Organising Committee (NSGOC)

1.2.1 The NSGOC shall consist of the following:

- a) Lead Convenor
- b) Convenors
- c) Lead Organising Secretary
- d) Organising Secretaries
- e) Game Advisor
- f) Game Manager / Game Executive
- g) Technical Committee
- h) Any other co-opted members deemed necessary

1.2.2 The NSGOC are empowered to appoint sub-committees and individual members to assist in the organisation and running of the NSG competitions as and when required.

1.2.3 The NSGOCs shall have sub-committees to perform the following roles and responsibilities ([Refer to Annex B](#)):

- a) Competitions: Organise and conduct the competition according to the rules and regulations, and established safety standards.
- b) Technical: Establish, review and update competition rules and regulations for the competitions and other matters necessary to provide for safe and developmentally appropriate NSG competitions.
- c) Recognition, Protest and Discipline: Manage recognition and discipline structures to support the desired outcomes of the NSG.

- d) Other functions necessary for the successful completion of the NSG sport that the NSGOC is in charge of.

2 AGE GROUPS / DIVISIONS/ NSG SPORTS CATEGORIES

- 2.1 All students shall compete in their respective divisions as stated in [Annex C](#).
- 2.2 All students shall compete in the respective divisions set out in the Para. 2.1 **with the exception of those born on 1 January who have been given approval for deferment by MOE during P1 registration**. These students will compete in the division with the cohort that they are studying with.
 - 2.2.1 With effect from 2021, students who are born on 1 January and have participated in NSG previously shall follow the rules stated in Para 2.2. This rule will supersede all previous decisions.
 - 2.2.2 This exception in Para 2.2 does not apply to students who are born on 1 January and have repeated a year of study.
- 2.3 All students can only be registered in one division of a sport within the same year.
- 2.4 Students aged 11 can participate in either the Senior or Junior Division depending on their level of competency¹ for Taekwondo (Poomsae) only.
 - 2.4.1 For this schools will make the decision based on what they deem to be the appropriate level of play for each 11-year-old concerned.
- 2.5 Age Dispensation
 - 2.5.1 Age Dispensation refers to the approval given to 7-year-old and 8-year-old students to participate in the Junior Division Poomsae events only.
 - 2.5.2 Application has to be put forth by parents / guardians, endorsed by school Principals and submitted to respective NSGOCs for follow-up (**Refer to [Annex D](#)**).
 - 2.5.3 Age dispensation is only applicable to the specific sport and division in the year of application.
- 2.6 Categories of NSG Sports
 - 2.6.1 Taekwondo Kyrougi is considered Match-based (Individual Sport)
 - 2.6.2 Taekwondo Poomsae is considered Event-based Sport

3. ENTRIES

- 3.1 Each school is eligible to enter only one team² per division per gender.

¹ Participating Schools should register their students for the Senior or Junior Division based on the students' level of competency and readiness.

3.2 Poomsae

- 3.2.1 For poomsae, each school may field a maximum of **three** male and **three** female performers per individual colour category, and **one** male and **one** female team per colour category.
- 3.2.2 A participant may participate in both the individual and team event and is allowed to complete in one category (his/her current grade or up to 2 belt grade above and up to Red 1). Student in Poom belt is allowed to compete in his/her current grade or 1 belt grade higher, up to Poom 3.
- 3.2.3 Schools are allowed to have all registered athletes of the school team to be registered as reserves for the Poomsae Team Event. This is to ensure that the team can still compete in the event where the actual member(s) is unable to participate, without having to seek the TKD Organising Committee's approval for substitution.
- 3.2.4 The number of Poomsae events are as follow:
- 12 colour-categories (Individual - Male)
 - 12 colour-categories (Individual - Female)
 - 12 colour-categories (Team – Male)
 - 12 colour-categories (Team – Female)

3.3 Kyrougi (Senior Division)

- 3.3.1 Each school is allowed to register a maximum of **TWO** players per weight category and the participant is to compete based on his/her current belt grade of Red or Poom.
- 3.3.2 The competition shall be best on best of 3 rounds and via Single elimination system.
- 3.3.3 The number of Kyorugi events are as follows:
- 12 weight categories (Individual – Male)
 - 12 weight categories (Individual – Female)

4. REGISTRATION OF PARTICIPANTS

4.1 Eligibility

- 4.1.1 Only official students of the school can represent the school.
- 4.1.2 Students requesting for a transfer may only represent their new school when the transfer has been officially effected.
- 4.1.3 International students can only be registered to compete for their school **after** they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).
- 4.1.4 Students who are in the schools on exchange programmes are not allowed to represent the school.

- 4.1.5 Students granted Leave of Absence (LOA) by MOE are allowed to represent the school.
- 4.1.6 Registration constitutes representation, that is, once a student is registered to compete for a school, he or she is deemed to have represented his or her school. Hence, the student is not allowed to represent another school in the same sport in the same year.
- 4.1.7 The fielding of unregistered players will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).

4.2 Registration Process

- 4.2.1 All registration must be submitted through the NSG Integrated system (NIS) Registration Module at <https://nsg.moe.edu.sg/nis/#!/login> by the stipulated closing date. This includes details of participants along with the necessary supporting documents including:
 - a) Baseline Safety Standards Acknowledgement Form
 - b) Supporting documents for Special / Transfer case students
 - c) Other forms as determined by the respective NSGOs
- 4.2.2 Any requests for amendments or late registration after the closing date must be sent via email through the Principal to the Lead Convenor.
 - 4.2.2.1 Kyrougi event: before the draw is conducted
 - 4.2.2.2 Poomsae event: 1 working day before issue of start lists³

4.3 Replacement and addition of participants

- 4.3.1 Replacement of a registered participant is only allowed when that participant is no longer an official student of the school and if the school has maximised their registration numbers.
- 4.3.2 Addition of participants is only allowed for students who have joined the school after registration has closed and if schools have not maximised their registration numbers.
- 4.3.3 Any request for replacement (Para. 4.3.1) or addition (Para. 4.3.2) after registration has closed, must be sent via email through the Principal to the Lead Convenor at least one (1) working day before the next event.

4.4 STF Certification

- 4.4.1 Participants with STF certification are allowed to register for the competition.

³ The start list should not be issued more than 10 working days before the start of competition.

SECTION B – COMPETITION RULES & REGULATIONS

5. COMPETITION FORMAT (Refer to [Annex E](#))

- 5.1 All sports competition formats shall be that as approved by the SPSSC's Standing Committee and stated in the specific sport's rules and regulations.
- 5.2 The competition is organised in the following formats:
- a) Direct National
- 5.3 For a competition / event to be organised:
- 5.3.1 For the competition in each category to be carried out officially, there must be a minimum of 3 participants **from 2 different schools** in the individual event and a minimum of 3 teams from 3 different schools in the team colour category. The event will be cancelled if there are fewer than 3 participants in the individual event and the team event will be cancelled if there are fewer than 3 different schools in the colour category.
- 5.3.2 The NSGOC reserves the right to modify the method of competition.

6. AWARD OF POINTS

6.1 Poomsae Events

Placing	Point/s
1 st	10
2 nd	8
3 rd	6
4 th	5
5 th	4
6 th	3
7 th	2
8 th	1

6.2 Kyrougi Events

Placing	Point/s
1 st	10
2 nd	8
3 rd	6
3 rd	6
5 th	2
6 th	2
7 th	2
8 th	2

- 6.3 In the event of a tie in points, the school with the highest number of 1st positions (followed by 2nd, 3rd and 4th, 5th, 6th, 7th, 8th, if necessary) will be used to decide the final placing. If the schools have the same total number of positions, the schools shall be declared joint winners.

7. AWARDS

7.1 Divisional Awards

- 7.1.1 There should be only one (1) Divisional Title⁴ per division / gender for each sport⁵.
- 7.1.2 The number of divisional trophies to be awarded shall be as follows:

No. of Participants / Teams	Positions Awarded
3 to 4	2
5 to 6	3
7 or more	4

- 7.1.3 No individual award will be given to each participant.
- 7.1.4 There will be no Divisional Titles awarded to the Junior Division.

- 7.2 The number of prizes to be awarded for Direct National Competitions shall be as follows:

No. of Participants / Teams	Positions Awarded
3 - 4	2
5 - 6	3
7 - 8	4
9 - 10	5
11 - 12	6
13 - 14	7
15 or more	8

- 7.3 The prizes awarded for all competitions shall be as follows:

Position	Medals / Trophies
1 st	Gold
2 nd	Silver
3 rd to 8 th	Bronze

8. REPORTING AND GRACE PERIOD

- 8.1 Participants are to report punctually according to the time stated by the NSGOC.

⁴ Only events with a minimum of three (3) competitors from three (3) different schools will contribute to the calculation for Divisional Titles.

⁵ Three (3) disciplines for Gymnastics are considered as three (3) individual sports.

- 8.2 Participants who are unable to report on time, must inform the NSGOC or their representatives at the competition venue of the delay. Where applicable, specific sports can allow for a grace period of fifteen (15) minutes. The NSGOC may extend this grace period if deemed justifiable.

9. POSTPONEMENT AND ABANDONMENT

- 9.1 Any postponement or abandonment⁶ of a match / event shall be determined by the NSGOC only.

10. WITHDRAWAL AND FORFEITURE

- 10.1 Any withdrawal⁷ or forfeiture⁸ can be considered contrary to the spirit of the NSG and can result in a walkover when the fixtures / competition schedule has been issued.

10.1.1 In the event that the withdrawal causes unevenness in the fixtures / competition, the NSGOC may conduct a full / partial re-draw.

- 10.2 For each withdrawal or forfeiture, a written explanation duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 10.3 For withdrawals, all results involving the team / participant will be null & void.
- 10.4 For forfeitures, the team / participant will concede a walkover and the results of a match / event shall be based on the sports specific rules and regulations.
- 10.5 In any play-off for top 8 placings, schools involved in a withdrawal or forfeiture without a valid reason will not be placed.

11. WALKOUT⁹

- 11.1 Staging a walkout is considered a serious breach of conduct and contrary to the spirit of NSG.
- 11.2 Participants that stage a walkout shall be subject to disciplinary action (**Refer to [Para 19](#)**).
- 11.3 A written explanation from the school(s) duly endorsed by the Principal shall be submitted to the Lead Convenor and copied to the Game Advisor within one (1) working day.
- 11.4 The competition officials shall submit a written report to the NSGOC within one (1) working day.

⁶ Abandonment refers to any match / event that has started but cannot reach a natural conclusion and may be postponed or cancelled.

⁷ Withdrawal refers to discontinuing participation in the competition.

⁸ Forfeiture refers to inability to start or complete a match / event.

⁹ Wilful refusal to compete against the NSGOC's advice.

12. CLARIFICATION AND PROTEST (Refer to [Annex F](#))

12.1 Clarification

- 12.1.1 Team Managers (TMs) are allowed to seek clarification with the competition officials / NSGOC during intervals or appropriate times as stated in the sport-specific rules. Upon completion of clarification, the match / event shall proceed based on the decision of the competition officials / NSGOC.
- 12.1.2 If the clarification were to result in any disruption / interference of the competition, the matter shall be brought to the attention of the NSGOC for follow up action.

12.2 Competing Under Protest

- 12.2.1 If the TM has strong justification against the decision of the competition officials / NSGOC, the TM shall indicate their intention to compete under protest to the NSGOC or their representatives, who will inform all Competition officials and TMs involved in the affected match / event. These shall be done as soon as possible without disrupting the competition.
- 12.2.2 Any competition under protest and / or intent to lodge an official protest shall be officially recorded according to the sport-specific rules and regulations.

12.3 Protest

- 12.3.1 Following from Para. 12.2, the TM concerned may submit an official protest to the NSGOC via email. The protest must fulfil all the following conditions:
 - a) Be sent through the Principal.
 - b) Reach the NSGOC within one (1) working day after the match / event unless stipulated otherwise in the respective sport-specific rules.
 - c) Provide reasons and evidence for the protest.
 - d) Meets the requirements as stated in Para. 12.2.2.
- 12.3.2 Protests based solely on a decision involving the accuracy of judgement on the part of an umpire / referee / judge shall not be considered by the NSGOC.
- 12.3.3 A protest panel chaired by a Convenor will be formed within the NSGOC to deliberate on protests that have met all conditions in 12.3.1. Where there may be potential conflict of interest, the schools involved will not sit in the panel.
- 12.3.4 The decision of the protest panel will be made known in writing to the schools concerned within five (5) working days.

12.3.5 A protest fee of \$150 will be paid by the school that raised the protest (within 30 days from notification of outcome) if the protest is overruled.

13. APPEAL (Refer to [Annex F](#))

13.1 Schools may appeal against the outcome of a protest to the Council. The appeal must fulfil all the following conditions:

- a) Be sent through the Principal
- b) Reaches the respective Honorary Secretary for zonal competitions, or Secretariat of the main council for national competitions within two (2) working days upon receiving the protest sub-committee's decision
- c) Provides reasons and evidence for the appeal

13.2 The Board of Appeal (BoA) will be convened to deliberate on the appeal within ten (10) working days. Where there may be potential conflict of interest, the schools involved will not sit in the BoA. The decision of the BoA shall be final.

13.3 An appeal fee of \$300 will be paid by the schools that raised the appeal (within 30 days from notification of outcome) if the appeal is overruled.

14. BARRED PARTICIPANTS

14.1 Participants barred by any one of the following bodies are not allowed to participate in the NSG for that sport:

- a) School
- b) Singapore Primary Schools Sports Council (SPSSC)
- c) Singapore Taekwondo Federation (STF), with endorsement from SPSSC

15. TEAM MANAGER (TM)

15.1 The Team Manager (TM) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants / teams from their school (**Refer to [Annex G](#)**).

15.2 Participants / teams must be accompanied by a TM who shall remain with the team throughout the duration of play. The absence of a TM will result in a forfeiture of the matches / events concerned (**Refer to [Para. 10](#)**).

15.3 The TM shall be a school staff¹⁰ or School Adult Representative (SAR) (**Refer to [Annex H](#)**) appointed by the participating school.

15.4 TMs are expected to conduct themselves with decorum at all times and strive towards Aspiration 2 (**Refer to [Annex A](#)**).

15.5 TMs must ensure that their coaches adhere to the rules and regulations and the Code of Conduct (**Refer to [Annex I](#)**).

¹⁰ For TMs, MOE employed staff such as Education Officer, Contract Adjunct, Flexi Adjunct, EAS (AM, OM and CSO) and AED can be deployed.

16. COACHES

- 16.1 Coaches are expected to conduct themselves with decorum in alignment to the Code of Conduct (**Refer to [Annex I](#)**) and strive towards Aspiration 2 at all times (**Refer to [Annex A](#)**).
- 16.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.

17. COMPETITION OFFICIALS

- 17.1 Where required, participating schools shall provide competition officials based on the requirements of the sport-specific rules.
- 17.2 School staff¹¹ and students can serve as officials when required by Para. 17.1.
- 17.3 Schools should ensure that the appointed competition officials are present to fulfil their duties as scheduled by the Convenor and in alignment to Aspiration 3 (**Refer to [Annex A](#)**).
- 17.4 Where required by sport-specific rules and regulations, competition officials should declare any potential conflict of interest to the NSGOC before the start of the competition.

18. SPECTATORS

- 18.1 Participating schools must ensure that spectators from their school attending the competitions are aligned to Aspiration 5 (**Refer to [Annex A](#)**) and cooperate with the officials.
- 18.2 Schools sending spectators to the competition shall ensure that their students are in proper school attire and that there are sufficient teachers present to be responsible for their management and well-being.
- 18.3 Spectators may not be allowed to enter the competition venue if they fail to comply with the venue's SOP.
- 18.4 All spectators should remain within their stipulated area throughout the competition and are not allowed to interfere with competition proceedings.
- 18.5 In the event of disruptive or unsportsmanlike behaviour, the NSGOC or its representatives may at their discretion, stop the disturbance and evict the spectators from the competition venue.

19. SERIOUS BREACH OF CONDUCT

- 19.1 A Disciplinary Panel comprising members of the NSGOC will be formed to investigate the breach.

¹¹ For competition officials, Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers, Allied Educators, Relief teachers and Untrained teachers can be deployed.

- 19.1.1 A convenor of the NSGOC shall be appointed as the Chairperson of the panel.
- 19.1.2 The panel may co-opt members from outside the NSGOC, including personnel from the National Federation (NF) to provide technical advice where necessary.
- 19.2 Any individual found guilty of serious breaches of conduct, such as an attempt to inflict, or has inflicted physical harm, or the threat of such on another person, shall be expelled from the NSG, and be banned from it for the calendar year of the NSG. The disciplinary panel can also recommend punishment beyond the calendar year if the breach occurs during the final stages of the competition. This shall also apply to all such behaviours traced to an NSG competition before, during or after the competition.
- 19.3 An appeal against the decision of the Disciplinary Panel can be submitted by the school (for participants, coaches, and TMs) and / or the official to the Council, whose decision shall be final (**Refer to [Para. 13](#)**).

20. ATTIRE

- 20.1 All participants must be in suitable attire in accordance with the requirement of the Singapore Taekwondo Federation. The attire should clearly bear the STF name on the back and the STF logo on the left sleeve.
- 20.2 The participant will be barred from participating if he/she cannot fulfil item 20.1 fully.

21. POOMSAE

- 21.1 Participants are eligible to participate in the Senior and Junior Divisions with at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF.
- 21.2 Participation in Individual and Team Poomsae:
 - 21.2.1 Poom 1 belt holders can only participate in either Poom 1 or Poom 2 belt event.
 - 21.2.2 Poom 2 belt holders can only participate in either Poom 2 or Poom 3 belt event.
 - 21.2.3 Poom 3 belt holders can only participate in Poom 3 belt event.
- 21.3 Colours Categories:

<u>Individual</u> <u>(Male & Female)</u>	<u>Team of Three</u> <u>(Male & Female)</u>	<u>Poomsae Stage</u>
White 9	White 9	Preliminary Taegeuk
Yellow 8	Yellow 8	Taegeuk 1
Yellow 7	Yellow 7	Taegeuk 2

Green 6	Green 6	Taegeuk 3
Green 5	Green 5	Taegeuk 4
Blue 4	Blue 4	Taegeuk 5
Blue 3	Blue 3	Taegeuk 6
Red 2	Red 2	Taegeuk 7
Red 1	Red 1	Taegeuk 8
Poom 1	Poom 1	Koryo
Poom 2	Poom 2	Keumgang
Poom 2	Poom 3	Taebaek

- 21.4 It is compulsory for students to submit the Data Collation Form (Annex J) to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation). The Data Collation form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.

22 PROCEDURE FOR POOMSAE EVENTS

- 22.1 All participants must be ready to report to the competitor stewards for arrangement or inspection when their names are called. This will be at least half an hour before they are due to compete.
- 22.2 Poomsae performers must wear the uniform and the belt colour for the category they are competing in.
- 22.3 Those who fail to be ready for the performance or contest or fail to appear within two minutes before the scheduled start of their performance or contest shall be deemed as having withdrawn from the competition. No grace period shall be given unless there is a calamity which affects a good number of participants.
- 22.4 Each participant must be accompanied onto the competition arena either by the team manager or a coach (with a professional pass). It is the responsibility of the team manager or the coach to initial and conclude the participant's poomsae routine with the required command. A participant will not be allowed to compete without the presence of the team manager or a coach.

23. KYORUGI

- 23.1 Participants holding Red or Poom belt certification issued and endorsed by the STF are eligible to participate in the Senior Division. The grade belt of the student shall be on or before e-registration deadline.
- 23.2 It is a mandatory requirement for the coach to be present at the field of play for Kyorugi, failing which the player will not be allowed to compete.

23.3 Weight Category

Under 26 kg	Not exceeding 26 kg
Under 30 kg	Over 26 but not exceeding 30 kg
Under 34 kg	Over 30 but not exceeding 34 kg
Under 38 kg	Over 34 but not exceeding 38 kg
Under 42 kg	Over 38 but not exceeding 42 kg
Under 46 kg	Over 42 but not exceeding 46 kg
Under 50 kg	Over 46 but not exceeding 50 kg
Under 54 kg	Over 50 but not exceeding 54 kg
Under 58 kg	Over 54 but not exceeding 58 kg
Under 62 kg	Over 58 but not exceeding 62 kg
Under 66 kg	Over 62 but not exceeding 66 kg
Over 66kg	Over 66 kg

24. PROCEDURE FOR KYORUGI EVENTS

- 24.1 The weigh-in of participant will be conducted on the competition day when he/she reports to the competitor steward. Participant who does not meet the weight category registered in NIS will be disqualified
- 24.2 The duration of the bout shall be based on the best of 3 rounds of 1 minute each with 30 seconds break in between rounds. Each round shall have a winner and the bout shall cease if the participant wins both the rounds. However, if the result ends in a tie after the end of 2 rounds, a final round will be required to decide on the eventual winner of the bout. (NSGOC reserves the right to modify the duration and number of rounds)
- 24.3 All headgear and body protector will be provided by STF. The other mandatory protective equipment (i.e. shin and forearm guard, groin guard, mouth piece (fitting) and gloves) shall be the responsibility of the participants. Participants may also use his/her own headgear and body protector but the equipment must be STF-approved.

SECTION C – AMENDMENTS AND MATTERS NOT PROVIDED FOR

25. MATTERS NOT PROVIDED FOR

- 25.1 All matters not provided for in these Rules and Regulations shall be dealt with by the respective NSGOCs.

26. AMENDMENTS

- 26.1 The SPSSC shall have the right to delete, add or amend the rules and regulations laid down herein.

27. LIST OF ANNEXES

A	<u>SPSSC Mission, Aspirations and Motto</u>
B	<u>NSGOC Terms of Reference</u>
B1	<u>PDPA Notification</u>
C	<u>Age Group</u>
D	<u>Age Dispensation</u>
E	<u>Competition Format</u>
F	<u>Clarification, Protest and Appeal Overview</u>
G	<u>Role of Team Managers</u>
H	<u>School Adult Representative (SAR)</u>
H1	<u>SAR Letter of Appointment</u>
I	<u>Code of Conduct for Coaches</u>
J	Data Collation Form

**SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)**

MISSION, MOTTO AND ASPIRATIONS

Mission

“To provide quality competition experiences for our student-athletes to support character development through the pursuit of sporting excellence”

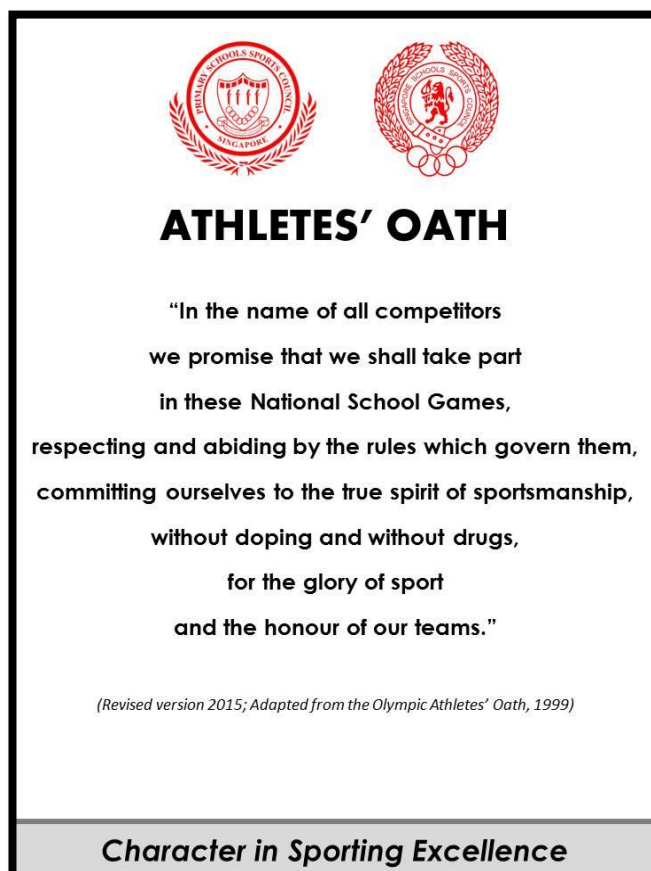
Motto

“Character in Sporting Excellence”

Aspiration 1: *Every athlete an honourable sportsperson*

Guiding Principle:

Athletes abide by the rules of the sport, gives their best in training and competitions, wins with integrity and humility, and loses with confidence and grace. They participate actively and are committed to being better in their sport. They respect their opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.



Aspiration 2: *Every teacher and coach an inspiring role model and mentor*

Guiding Principle:

The teacher / coach endeavours to develop all athletes to their fullest potential. He focuses on student-centric and values-driven coaching. Teachers / coaches maintain a professional relationship with the athletes and ensure their safety and well-being at all times. As positive role models, they inspire and motivate the athletes towards greater heights.



COACHES' OATH

*In the name of all the coaches,
we promise to respect all athletes,
officials and coaches in these
National School Games.*

*We shall act in the best interest of the
athletes and schools,
without doping and without drugs.*

*We commit ourselves to ensure that the
spirit of sportsmanship and fair play is
fully adhered to and upheld always."*

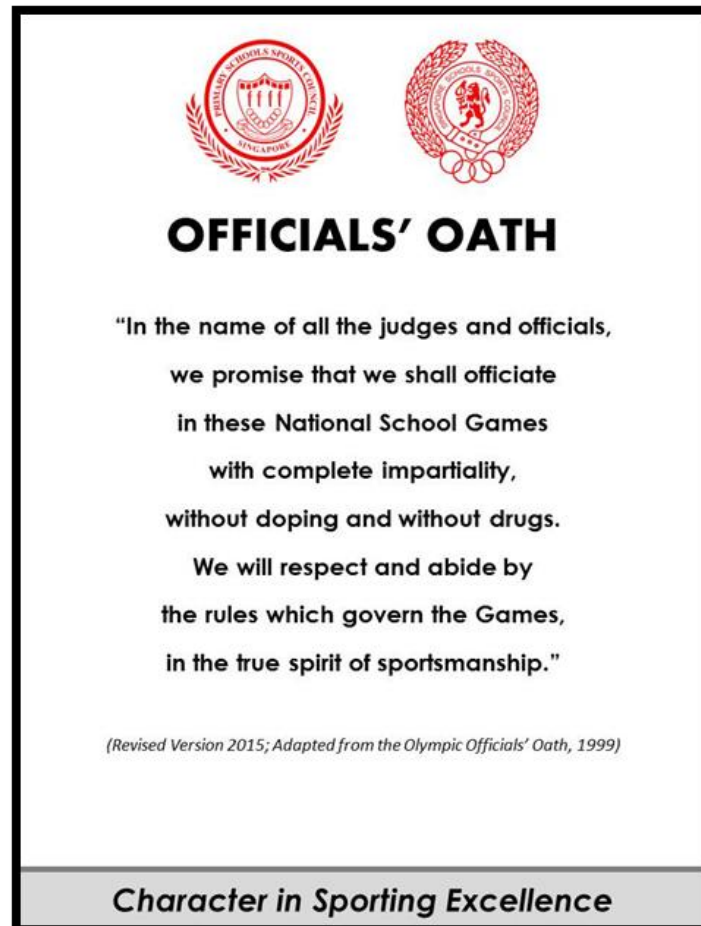
(Revised 2016; Adapted from the Olympic Coaches' Oath, 2012)

Character in Sporting Excellence

Aspiration 3: *Every official a fair, respectable and competent authority*

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the sport with impartiality. They are alert and acts decisively when required. They ensure safety for all athletes and explains the rules when required. They uphold the professionalism of the sport.



Aspiration 4: *Every parent a supportive partner*

Guiding Principle:

Parents take interest in their child's, training and competitions and prioritises their long-term development over winning competitions. They ensure proper nutrition and rest for their children, and actively enquires on their progress and development. They work with the teacher and coach, attends competitions and respects the decisions of competition officials.

Aspiration 5: *Every spectator a respectful, responsible and caring motivator*

Guiding Principle:

Spectators applauds excellence and fair play from all athletes regardless of which team they represent. Spectators shows appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. They should cheer to encourage and motivate as well as care for the athletes' well-being. Spectators are responsible and keep the venue safe and comfortable for all.



SPECTATORS' CREED

Be a Respectful Supporter

- Applaud excellence and fair play
- Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

Be a Caring Motivator

- Cheer to encourage and motivate
- Care for athletes' well-being

Be a Responsible Spectator

- Keep the venue safe and comfortable for all
- Keep the venue clean

Character in Sporting Excellence

Aspiration 6: *Every game a safe and enriching learning experience*

Guiding Principle:

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting abilities, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.

TERMS OF REFERENCE FOR SPSSC / SSSC NATIONAL SCHOOL GAMES ORGANISING COMMITTEES (NSGOCs)

The NSGOCs shall have sub-committees to ensure the successful organising and completion of their respective sports that includes but is not limited to the following functions:

1. COMPETITION

Organise the competition according to the rules and regulations, and established safety standards, including:

- a. Planning and Execution:
 - i. Work out the competition schedules, fixtures and venues required.
 - ii. Communicate with participating teams on all competition matters, including, but not limited to rules, dates, fixtures, venue, etc.
 - iii. Identify and appoint Competition Director (if applicable) for deployment of officials.
 - iv. Manage competition officials, venues, equipment, medical cover and logistics for effective and efficient conduct of the competition.

- b. Risk Assessment and Management:
 - i. Carry out risk assessment and management planning for each venue, including adherence to the baseline safety standards.
 - ii. Communicate relevant parts of the risk assessment and management plan to all relevant parties.
 - iii. Monitor and manage safety and security issues at the competition venue.

- c. Venue Management:
 - i. Ensure competition venues (including hosting schools and external venues) have the following in good condition to support the competition:
 - o Equipment
 - o Line Drawings (if applicable)
 - o Consumables
 - ii. Inform hosting Schools of competition schedule.
 - iii. Disseminate competition fixtures to all hosting and participating schools once fixtures are confirmed.
 - iv. Inform hosting and participating schools at least three (3) working days before should there be any changes in venue or fixtures.
 - v. Ensure that competition officials and medical support (if applicable) arrive at stipulated time at the competition venue.
 - vi. Remind TMs during briefing:
 - o To check the latest hosting venues' SOPs before each competition
 - o To inform their fellow colleagues and SAR who may be accompanying their students for the competitions on their behalf
 - vii. Prepare the competition venue, such as display of PDPA notifications (**Refer to [Annex B1](#)**), proper allocation of spaces for assembly, warm-up, match, rest areas, spectators, where necessary.

- d. Results Processing:
 - i. Ensure competition results are promptly and accurately sent to the NSGO for uploading to the NSG website.

- e. Protest Management:
 - i. Respond to clarifications / protests from participating schools during the competition.
 - ii. Conduct investigations and resolve the clarifications / protests relating to the competition.

2. TECHNICAL

- a. Establish competition rules and regulations for the sport to ensure age appropriateness and opportunities for skills development, including, but not restricted to:
 - o Age grouping / division
 - o Format of competition
 - o Permitted equipment
 - o Field of play
 - o Duration of play; intervals
 - o Number of participants
 - o Substitution rules, etc.
- b. Identify and appoint the technical director and officials for each competition.
- c. Monitor and review baseline safety standards for the competition.
- d. Review and update competition rules and regulations annually and submit Games Recommendations to NSGOC or Council Standing Committee for approval, where necessary.

3. RECOGNITION, PROTEST AND DISCIPLINE

- a. Recognition
 - i. Develop and implement appropriate recognition (including recognition criteria), to support the desired outcomes of the National School Games (NSG), such as Sportsmanship Award.
 - ii. Collect and communicate good stories to relevant parties, including participating schools, MOE HQ and the media where appropriate.
 - iii. Plan and organise prize presentations for the competition.
- b. Protest
 - iv. Conduct investigations with all parties involved, in consultation with the Game Advisor and Lead Convenor.
 - v. Resolve all protests and respond to relevant parties on the outcome within a week of incident reported.
 - vi. Update SPSSC / SSSC Standing Committee on the outcome of the clarifications / protests, where necessary.
- c. Discipline
 - i. Conduct investigations pertaining to disciplinary cases with all parties involved, in consultation with the Game Advisor.
 - ii. Resolve all disciplinary cases and respond to relevant parties in a timely manner.

- iii. Develop disciplinary policies and systemise processes to manage students, teachers and coaches and competition officials for alignment to the Councils' mission, motto and aspirations.



National School Games Photography & Video Recording Notice



The Ministry of Education (MOE), its authorized photographers and videographers, and approved media broadcasters will be conducting photography and video recording at this event. The photographs and videos may be used by MOE for internal publication or publicity materials. Video footage of the event may be live-streamed on MOE's and the broadcasters' media platforms.

By entering this venue and taking part in this event, you consent to the collection, use, and/or disclosure of photographs and videos containing your personal data by MOE and the approved media broadcasters for the above purposes.

AGE GROUP FOR NSG

** For students in this group, please refer to General Rules and Regulations (subject to [para 2.2](#))*

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
1	Badminton	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
2	Basketball	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
3	Bowling	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
4	Floorball	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
5	Football	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
6	Golf	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016	

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
7	Artistic Gymnastics	<u>Boys Senior Optional</u> 1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011* <u>Girls Senior I (L3&L4) & Girls Senior II (L5&L6)</u> 1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	<u>Boys Junior Under 9</u> See 'Age Dispensation' <u>Boys Junior Novice & Boys Junior Optional</u> 1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013* <u>Girls Junior I (L3)</u> 1 Jan 2016 2 Jan 2015 - 31 Dec 2015 1 Jan 2015* <u>Girls Junior II (L3)</u> 1 Jan 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013* <u>Girls Junior III (L4)</u> 1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for: Boys Junior Under 9, Boys Junior Novice and Boys Junior Optional; Girls Junior I and Girls Junior III (Not applicable for Girls Junior II)	A competitor from the Junior Division may opt to participate in the Senior Division, except for the Girls Senior I category.
	Rhythmic Gymnastics	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	A competitor from the Junior Division may opt to participate in the Senior Division.

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
8	Hockey	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	<u>Junior 1</u> 1 Jan 2016 1 Jan 2015 - 31 Dec 2015 2 Jan 2014 - 31 Dec 2014 1 Jan 2014* <u>Junior 2</u> 1 Jan 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
9	Netball	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
10	Rope Skipping	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
11	Rugby	1 Jan 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	
12	Sailing	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
13	Sepaktakraw	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014	Not applicable	11-Years-Old Overlap

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
		2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	2 Jan 2013 - 31 Dec 2013 1 Jan 2013*		
14	Softball	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not applicable	11-Years-Old Overlap
15	Swimming	<u>Senior 1</u> 1 Jan 2013 2 Jan 2012 - 31 Dec 2012 1 Jan 2012* <u>Senior 2</u> 1 Jan 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	<u>Junior 1</u> 1 Jan 2016 1 Jan 2015 - 31 Dec 2015 2 Jan 2014 - 31 Dec 2014 1 Jan 2014* <u>Junior 2</u> 1 Jan 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior 1 Div only	
16	Table Tennis	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
17	Taekwondo	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap

No	Sport	Senior Division	Junior Division	Age Dispensation	Remark
18	Tennis	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap
19	Track and Field	<u>Senior 1</u> 1 Jan 2013 2 Jan 2012 - 31 Dec 2012 1 Jan 2012* <u>Senior 2</u> 1 Jan 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	<u>Junior 1</u> 1 Jan 2016 1 Jan 2015 - 31 Dec 2015 2 Jan 2014 - 31 Dec 2014 1 Jan 2014* <u>Junior 2</u> 1 Jan 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior 1 Div only	
20	Volleyball	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	Not Applicable	11-Years-Old Overlap
21	Wushu	1 Jan 2014 1 Jan 2013 - 31 Dec 2013 1 Jan 2012 - 31 Dec 2012 2 Jan 2011 - 31 Dec 2011 1 Jan 2011*	1 Jan 2016 1 Jan 2015 - 31 Dec 2015 1 Jan 2014 - 31 Dec 2014 2 Jan 2013 - 31 Dec 2013 1 Jan 2013*	1 Jan 2018 1 Jan 2017 - 31 Dec 2017 2 Jan 2016 - 31 Dec 2016 Applicable for Junior Div	11-Years-Old Overlap

APPLICATION FOR AGE DISPENSATION

1. Age Dispensation refers to the approval given to 7 and 8-year-old students to participate in the Junior Division competitions organised by the Singapore Primary Schools Sports Council (SPSSC). It is only allowed for the following sports:
 - a) Badminton
 - b) Bowling
 - c) Golf
 - d) Gymnastics¹
 - e) Rope Skipping
 - f) Sailing
 - g) Swimming (Junior 1 only)
 - h) Table Tennis
 - i) Taekwondo (Poomsae)
 - j) Tennis
 - k) Track and Field (Junior 1 only)
 - l) Wushu
2. Age dispensation is only granted for that year of application in a specific-sport where the student can only compete in the applicable division as stated in the sport-specific rules and regulations.
3. The Age Dispensation Application Form is to be submitted by parents / guardians to the school Principal for endorsement. The endorsed application form must be submitted together with the school's registration through the NSG Integrated System (NIS) Registration Module on or before the stipulated closing date.

¹Boys Junior Under 9, Boys Junior Novice and Boys Junior Optional; Girls Junior I and Girls Junior III (Not applicable for Girls Junior II)

Age Dispensation Application Form

PART 1: TO BE COMPLETED BY PARENT / GUARDIAN

**Please indicate (X) accordingly.*

1. Sport Information								
(a) Select the Sport: (<u>only 1</u>)								
<input type="checkbox"/>	Badminton	<input type="checkbox"/>	Bowling	<input type="checkbox"/>	Golf	<input type="checkbox"/>	Gymnastics	
<input type="checkbox"/>	Rope Skipping	<input type="checkbox"/>	Sailing	<input type="checkbox"/>	Swimming	<input type="checkbox"/>	Table Tennis	
<input type="checkbox"/>	Taekwondo (Poomsae)	<input type="checkbox"/>	Tennis	<input type="checkbox"/>	Track and Field	<input type="checkbox"/>	Wushu	
(b) Year of Application (YYYY): _____								
2. Student's Information								
Name:		Gender*:	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female		
NRIC:		Date of Birth (DD/MM/YYYY):	_____ / _____ / _____					
School:								
3. Parent's/ Guardian's Information								
Name:								
Contact No.		Relation*:	<input type="checkbox"/>	Father	<input type="checkbox"/>	Mother	<input type="checkbox"/>	Guardian
Email:								

Terms and Conditions of Application
<ol style="list-style-type: none"> 1. Parents / guardians have assessed that the child / ward is physically and mentally ready and deemed him / her to be suitable and ready to compete in the above-stated sport. 2. Parents / guardians are to keep the school informed of any changes to personal information. The school is to follow-up with NSGOC of the change promptly. 3. Child / Ward is only allowed to compete in the applicable sport and division as stated in the sport-specific rules and regulations for the year of application. 4. This application is subject to the school's endorsement.

By signing below, I acknowledge that I have read, understood, and will adhere to the terms and conditions as stated above.

Name of Parent/ Guardian:		Signature:	
		Date:	

FOR OFFICIAL USE ONLY

PART 2: TO BE COMPLETED BY SCHOOL

1. School's Information	
School:	
Name of Principal:	
Email of Principal:	<i>(CES email)</i>
Name of Team Manager/ School Coordinator (NSG):	
Email of Team Manager/ School Coordinator (NSG):	<i>(CES email)</i>
2. Rationale for Support by School²	

Name of Principal:		Signature:	
		Date:	

² Application not supported / endorsed by school is not required to be submitted to NSGOC. School to ensure that student-athlete and parents / guardians are informed of the decision.

COMPETITION FORMAT

In determining the format for the competition, NSGOC should aim to provide meaningful¹ competition experiences for participating teams. The suggested competition formats highlighted in this Annex are options that the NSGOC can consider when drawing up their fixtures. The selected competition format should be standardised within the same sport (i.e., across zones; and from year to year).

1. Grouping

The grouping approach should be determined based on the number of participants / teams in the competition, with the aim to allow teams to have sufficient playing opportunities while optimising resources (venue, officials, time, workload). Each group should comprise 4 to 6 teams with the exception of a single round robin for 7 teams.

2. Seeding

Seeding is done based on the preceding year’s results and the seeding approach will differ according to the competition format chosen based on the following table:

Table 1: Recommended seeding approaches for different competition formats

Zonal / Direct National Competitions	Pool – League Competitions	Pool – Tiered Competitions	Other Competitions
<p>Objectives of Seeding:</p> <ul style="list-style-type: none"> To evenly distribute the top teams from the preceding year into different groups 	<p>Objectives of Seeding:</p> <ul style="list-style-type: none"> To group teams to increase opportunities for them to play with teams of relatively similar abilities 	<p>Objectives of Seeding:</p> <ul style="list-style-type: none"> To group teams to increase opportunities for them to play with teams of relatively similar abilities 	<p>Event-based Competitions / Individual Match-based Competitions (e.g. Table Tennis Junior Division)</p> <ul style="list-style-type: none"> Adopt sports specific seeding approach that would meet the competition needs.

¹ Each participating team should minimally play 3 matches (i.e., cumulative across Zonal and National competitions; where applicable) in the course of competition. For Tiered and League competitions, teams should minimally play 6 matches. This is to allow for more equitable playing opportunities for all teams.

<ol style="list-style-type: none"> 1. The top 4 teams from preceding year's National results will be seeded and distributed to different groups. 2. The remaining quarterfinalists will then be seeded and drawn into the different groups. 3. The remaining teams will be drawn / placed into groups. 	<p><u>Pool</u></p> <ol style="list-style-type: none"> 1. Using preceding year's result, snake seeding will be used for Pool groupings. 2. The remaining teams will be drawn / placed into different Pool groups. 3. Refer to the table below which illustrates snake seeding. <table border="1" data-bbox="600 459 1039 845"> <thead> <tr> <th>Group One</th> <th>Group Two</th> <th>Group Three</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>6</td> <td>5</td> <td>4</td> </tr> <tr> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>12</td> <td>11</td> <td>10</td> </tr> </tbody> </table> <p><i>*The number indicates the ranking position.</i></p>	Group One	Group Two	Group Three	1	2	3	6	5	4	7	8	9	12	11	10	<p><u>Pool</u></p> <ol style="list-style-type: none"> 1. Using preceding year's result, the top teams will be seeded in Pool groupings. 2. The remaining teams will be drawn / placed into different Pool groups. 	
Group One	Group Two	Group Three																
1	2	3																
6	5	4																
7	8	9																
12	11	10																
	<p><u>League</u></p> <ul style="list-style-type: none"> • Using Pool's result, the top teams will be seeded in different groups within each League. • The remaining teams will be drawn / placed into different groups. • Teams from the same group in the Pool Round will not be drawn / placed into the same group in League Round. 	<p><u>Tiered</u></p> <ul style="list-style-type: none"> • Using Pool's result, the top teams will be seeded in different groups within each Tier. • The remaining teams will be drawn / placed into different groups. • Teams from the same group in the Pool Round will not be drawn / placed into the same group in Tiered Round. 																

SUGGESTED CHAMPIONSHIP FORMATS FOR POOL-LEAGUE COMPETITION

Multiple-Groups Championship Format

NSGOCs should leverage on existing competition structures and mechanisms to implement a consistent seeding approach to seed and place them in different groups in the Pool Round using preceding year's results. Teams of similar ability are grouped together in all stages of the competition while ensuring porosity between leagues every year through promotion and relegation.

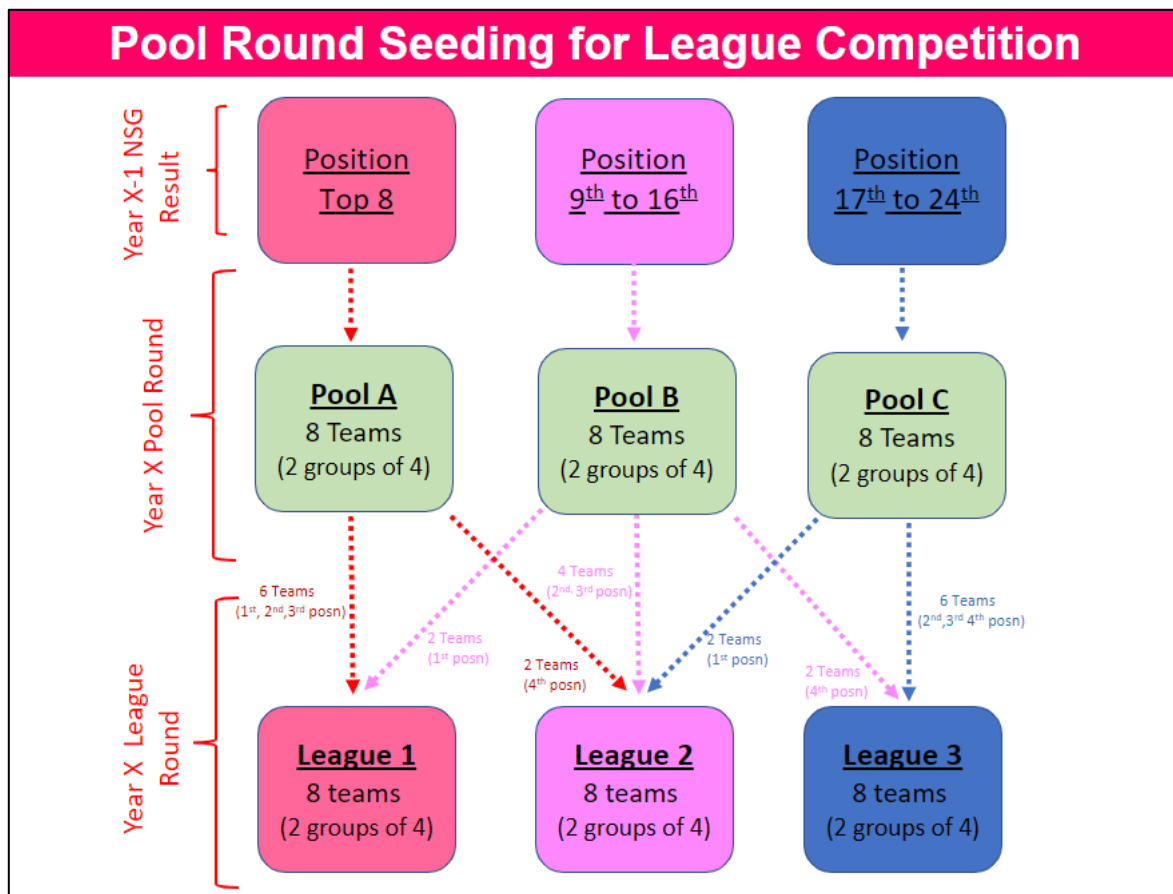
Examples to illustrate for League Competition

Example 1: For sports that are moving from Zonal-National to the Pool-League format

Using preceding year's National Competition result for seeding. *(This example will be removed in 2025)*

Pool A	<ul style="list-style-type: none">• The National Top 8 will be placed in Pool A.• The top 4 teams will be seeded and placed in 2 different groups within Pool A.• No more than two seeded teams shall be drawn into the same group.• The remaining 4 teams will be randomly drawn into groups within Pool A.
Pool B	<ul style="list-style-type: none">• The next 8 teams (Position 9th to 16th) will be placed in Pool B and will be randomly drawn into the groups.
Pool C	<ul style="list-style-type: none">• The remaining teams (Position 17th to 24th) will be placed in Pool C and will be randomly drawn into the groups.

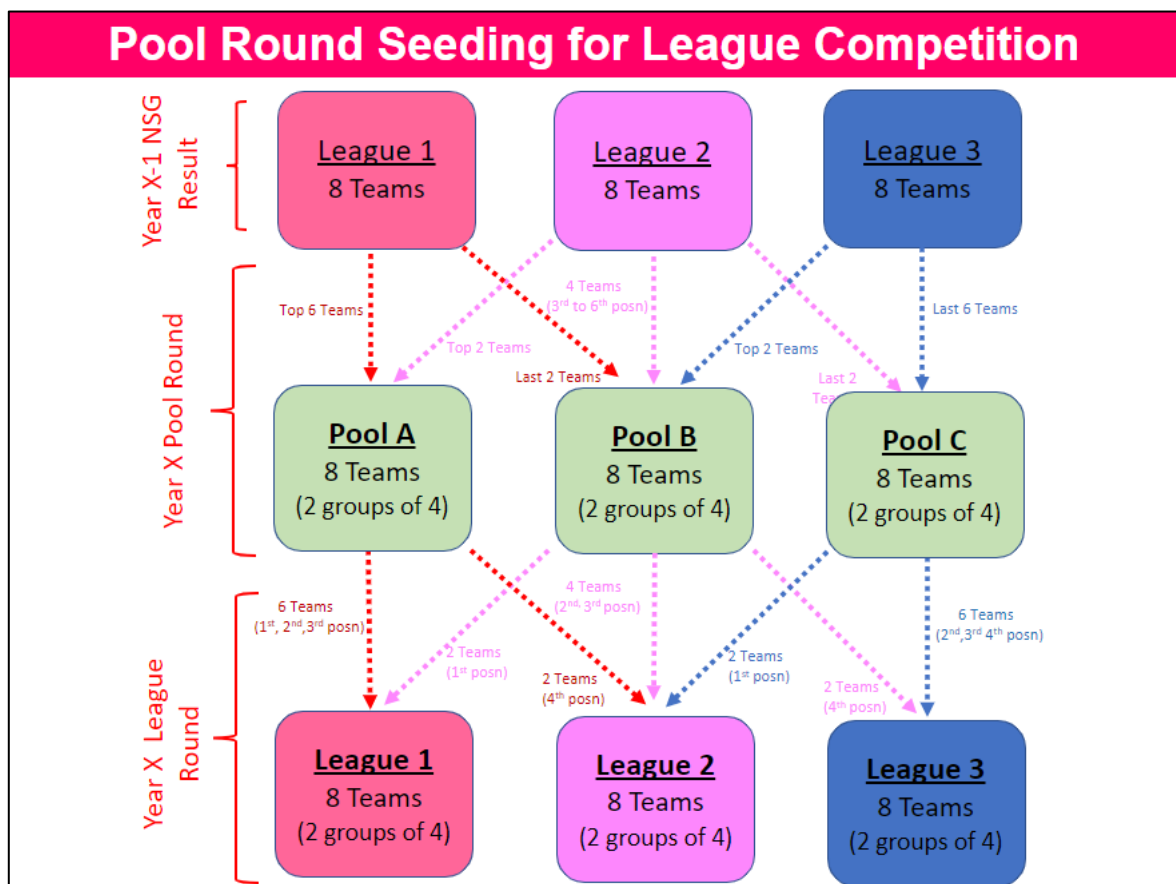
For a National Competition with 24 teams, seeding in the Pool round should be as shown below.



Example 2: For sports which have adopted the League system

Using preceding year's League result for seeding

For a competition with 3 Leagues of 24 teams, porosity to Pool round should be in place as shown below.



In determining the competition format after the Pool Round, NSGOCs should refer to the suggested competition format based on the number of teams in each league.

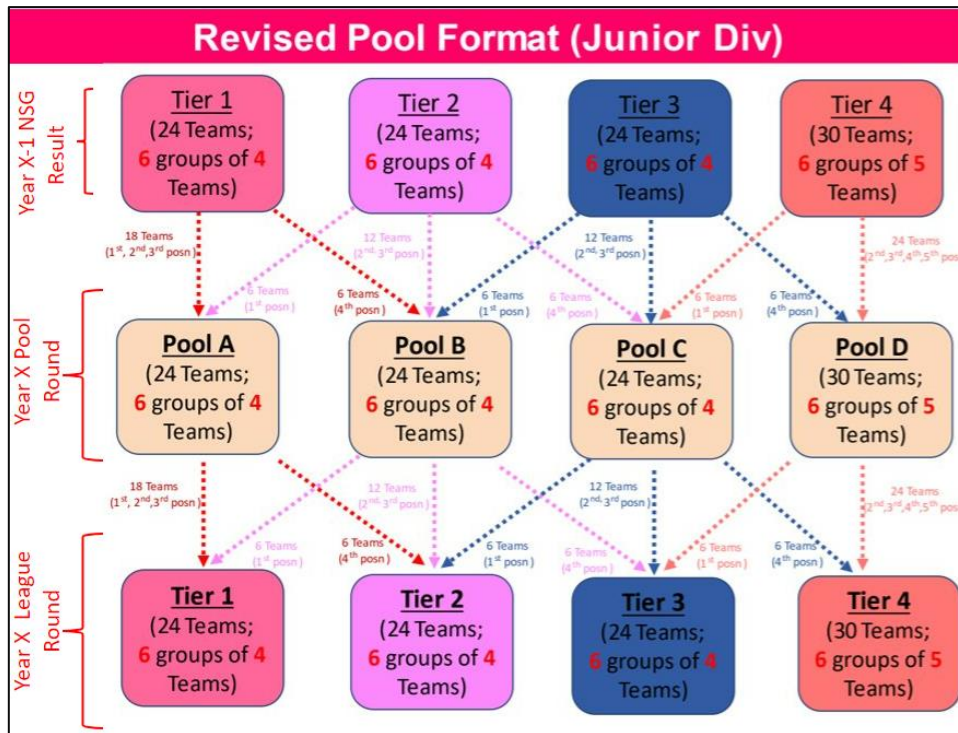
SUGGESTED COMPETITION FORMATS FOR POOL-TIERED COMPETITION

Multiple-Groups Competition Format

NSGOCs should leverage on existing competition structures and mechanisms to implement a consistent seeding approach to seed and place them in different groups in the Pool Round using preceding year's results. Teams of similar ability are grouped together in all stages of the competition while ensuring porosity between leagues every year through promotion and relegation.

Example: To illustrate using preceding year's Tiered result for seeding

For a competition with 4 Tiers, porosity to Pool round should be in place as shown below.



In determining the competition format after the Pool Round, NSGOCs should refer to the suggested competition format based on the number of teams in each tier.

CLARIFICATION, PROTEST AND APPEAL OVERVIEW

	Clarification (Formal & Informal)	Competing Under Protest (Some Sports Only)	Protest	Appeal
Handled by:	NSGOC Rep and/or Competition Officials	NSGOC Rep and/or Competition Officials	NSGOC	BOA (Council and Zone Vice-Chairpersons)
Who must be Informed:	NSGOC Rep, Competition Officials	NSGOC Rep, Competition Officials, Affected TMs as determined by NSGOC	Principal, Lead Convenor, Lead Org Sec, Game Advisor	Principal, Lead Convenor, Lead Org Sec, Game Advisor and Honorary Secretary (for Zonal), Council Secretariat (for National)
How to Inform:	At competition venue, during appropriate interval without disrupting the game	At competition venue, during appropriate interval without disrupting the game	Indicate intent to protest on scoresheet at end of match and followed by an email sent through the Principal	Sent through the Principal via email
Fees if Overruled:	Nil	Nil	\$150	\$300
Approval Required From:	Nil	Nil	Principal	Principal

ROLE OF THE TEAM MANAGERS

Team Managers (TMs) will represent the school on all matters pertaining to the duty of care, student management and competition matters relating to the participants from their school. They must be a good role model for the participants and are expected to conduct themselves well in carrying out their duties. They will:

No	Terms of Reference
1	Be the point of contact between the National School Games Organising Committee (NSGOC) and the Principal (school).
2	Perform all necessary administrative duties and attend all briefings and / or meetings called for by the respective NSGOCs.
3	Check, verify and keep updated the fixtures and schedules involving the school.
4	Ensure: <ul style="list-style-type: none"> • Accuracy of participants' particulars in the registration and that participants are not placed in the wrong division. • All participants are adequately prepared for safe participation in the NSG in accordance with the Baseline Safety Acknowledgement Form.
5	Check and comply with the hosting venue's Standard Operating Procedures (SOPs) and communicate all related the information to all the stakeholders associated with the participating schools.
6	Make transport arrangements for the participants.
7	Chaperone participants to and from the competition venue. TMs who are SAR need only chaperone their own child as Parent Chaperones are responsible for chaperoning their own children.
8	Remain with the participants throughout the duration of play.
9	Arrange for a replacement, in the event that they are not able to perform their duty during the entire competition duration. TMs who are SAR should contact the school for assistance in such situations.
10	Cooperate with NSGOC & officials and abide by the rules and regulations of the competition to facilitate the smooth conduct of the competition and be a good role model for the participants.
11	Submit participant / team list and other necessary documents when required.
12	Manage the coaches, participants and spectators, if any, to ensure that they adhere to the General and sport-specific and rules and regulations Code of Conduct given in the rules and regulations.
13	Perform the duty of care for the participants' safety and well-being including: <ul style="list-style-type: none"> • Checking that participants are well enough to compete, • Reminding students to remain hydrated. • Having a first aid kit available. • For long duration competitions where students will need to consume a meal, the SAR should ensure that students have sufficient time for their meal.
14	Contact the school immediately in the event of an injury or emergency.

15	Consult school leaders for all media related matters.
16	Represent the school in matters pertaining to clarifications / protests / appeals (as required by the sport).
17	Accompany participants at disciplinary board meetings if the occasion arises.
18	Attend to any other matters pertaining to the duty of care, student management and competition matters relating to the participants from their school.

SCHOOL ADULT REPRESENTATIVE (SAR)

1. The School Adult Representative (SAR) scheme aims to support schools in balancing the numerous competition opportunities for students and managing staff resources. SAR should be parents/legal guardians of one of the participating student-athletes in the session.
2. Schools may appoint suitable SAR as Team Managers for the sports listed.

a) Badminton (Junior Div)	g) Swimming
b) Bowling	h) Table Tennis (Junior Div)
c) Golf	i) Taekwondo
d) Gymnastics ¹	j) Tennis (Senior and Junior Div)
e) Rope Skipping	k) Track & Field
f) Sailing	l) Wushu

¹ For Artistic Gymnastic, SAR may only be appointed by schools that do not offer Gymnastics as a CCA. They may be deployed to manage up to a maximum of 3 student athletes for each distinct competition of the sport.

3. SAR may be deployed to manage up to a maximum of 3 student-athletes for each session of the sport.
4. When there is more than one student-athlete in a session, SAR should be supported by parent chaperones (PC) who should be parents / legal guardians of the participating student-athletes. PC should accompany their own children to and from the competition venue and be responsible for their children's safety and well-being throughout the competition.
5. SAR are encouraged to be trained in first aid.
6. When appointing SAR, schools should:
 - Appoint an Education Officer (EO) as the **School Coordinator**, to serve as liaison between the SAR and the NSGOC.
 - Arrange and conduct a briefing for the SAR on their duties including:
 - SPSSC General and Sport-Specific Rules and Regulations
 - Safety protocols
 - Roles of TMs (Refer to [Annex G](#))
 - Other school-specific SOPs or requirements
 - Be represented by 1 SAR per session only.
 - Ensure that PC are present to oversee their own children's / ward's safety and well-being when the SAR is on duty.
 - Issue the SAR Letter of Appointment ([Annex H1](#)) endorsed by the School Principal.

Frequently Asked Questions

1. Can grandparents, siblings, helpers or other relatives be appointed as SAR?

No. Only a parent or legal guardian of the student athlete can be appointed as the SAR.

2. Can schools send an SAR for a team sport or event at the SPSSC NSG?

No. For all team sports or events, schools must send a **school staff** to be the Team Manager.

3. What happens when an appointed SAR is not able to be present for duty or needs to leave before the end of a competition?

The SAR should follow the school's current standard operating procedure for managing such situations and contact the school immediately to arrange for a replacement. An appropriate replacement should be provided by the participating school.

4. If the SAR needs to accompany his/her child to the hospital before the end of the competition, what are the standard procedures?

Please refer to Q6.

5. If any of the parent chaperones does not turn up or needs to leave before the competition ends, what are the standard procedures?

The SAR should call the School Coordinator to seek advice and assistance. The student whose parent is absent, may not be allowed to compete.

6. Is there a different set of Baseline Safety Standards (BSS) School Acknowledgement Form for schools represented by SAR?

The same form will be used. The School Coordinator should brief the SAR on the requirements and implications of the BSS Acknowledgement Form. SAR should also be familiar with the respective sports safety requirements and practices and is encouraged to be trained in first aid.

<School Letter Head>

**SCHOOL ADULT REPRESENTATIVE (SAR)
LETTER OF APPOINTMENT**

School:	
Sport:	
Full Name of SAR: (as in NRIC / Passport)	
NRIC / Passport No.: (last 4 characters e.g. 234A)	
Name of Child / Ward:	
Mobile No.:	

Terms and Conditions

1. The above-mentioned is appointed as the SAR who shall represent the school in the National School Games competition for the sport and dates given only.
2. The SAR shall believe in and support the Council's mission, motto and aspirations and support the involvement of the students under their charge in the competitions and events with a strong educational focus.
3. The SAR shall perform the roles and responsibilities of the SAR including:
 - a. Representing of the school as a Team Manager (TM) (**Refer to [Annex G](#)** for the main roles and responsibilities of a TM.)
 - b. Attending all briefings and meetings conducted by the school for SAR.
 - c. Work and coordinate with PC, if any, to facilitate a good participation experience for all participants including:
 - Establishing contact with PC and keeping them informed on the competition schedules and other necessary information.
 - Ensuring that all participants are present and PC are present to oversee their own children's/ward's safety and well-being. SAR should contact the school coordinator for assistance immediately if they are unable to contact the PC and/or the participant.

- d. Being professional in the discharge of their duties. They should not bring along any other students or children who are not involved in the competition for that day so that they can more effectively discharge their duties.
 - e. Observing and complying with all rules, policies, procedures, expectations, and codes of conduct of the School, Singapore Primary Schools Sports Council (SPSSC) and the applicable sporting body as may be issued from time to time.
 - f. Take all necessary precautions to ensure the safety, security, health and wellbeing of the students under their charge.
4. The SAR shall declare to the school if he/she is under investigation for any criminal offence by any authority in Singapore or elsewhere or is facing disciplinary proceedings by any sporting body in Singapore or elsewhere.
 5. Except with the written consent of the school, the SAR shall not disclose any information or material furnished by the school or make any statement or representation on behalf of the school to any media or any person not related to the NSG Organising Committee.
 6. The SAR shall not make use of any information obtained directly or indirectly from the course of his/her duty, other than for the conduct of the NSG, unless prior written approval has been given by the school.
 7. The SAR declares that, at the date of entering into this Agreement, there is no conflict of interest in the performance of this service, and of its obligations under this Agreement.
 8. The appointment is subject to the meeting of the above terms and conditions and may be revoked by the school or SPSSC if they are breached.

Name & Signature of SAR

Date

Name & Signature of Principal

School Stamp

Date

CODE OF CONDUCT FOR COACHES

No	Description
1	Coaches must be good role models and are expected to conduct themselves well in carrying out their duties.
2	They are to observe the rules and regulations of the National School Games and honour the Coaches' Oath.
3	They should not replace the role of the Team Manager.
4	They are to prepare the training schedule for the team, in consultation with the Head of Department (HOD) and the teacher-in-charge (i.e., Student Development Programme).
5	It is the responsibility of coaches to adhere to the rules and to be well versed with the competition rules.
6	They are not allowed into the field of play except where the rule of the sport requires the presence of the coach.
7	They cannot represent the school in any matters.
8	They must not interfere with the organisation of the competition.
9	They are not allowed to approach the officials to query their decisions. Only Team Managers are allowed to approach officials to seek clarifications.
10	They must ensure that the student participants have adequate rest and are given water breaks.
11	Coaches should refrain from using foul language or speak in a tone not becoming of proper behaviour.
12	Coaches violating the rules will be asked to leave the competition arena.
13	Action will be taken against the school if the coaches fail to comply with the competition rules.

NATIONAL SCHOOL GAMES TAEKWONDO CHAMPIONSHIPS 2024

DATA COLLATION FORM (FOR PRIMARY SCHOOLS)

Note:

- This form only serves to collate the information from participating students for registration by team manager via the official eRegistration system
- Submission of form to team manager does not constitute registration. School will make the final decision on the students to be officially registered for the competition.
- Student athletes should be accompanied by his/her qualified coach on competition day.

Registration Rules

1) Poomsae	Each school may register a maximum of three male and three female participants per <u>individual</u> colour category and one male, and one female <u>team</u> per colour category.
2) Poomsae	A student may participate in both the individual and team events and is allowed to compete in one coloured category each (his/her grade or up to 2 belt grade above) or (his/her grade or up to 1 belt grade for poom belt holders)
3) Kyorugi	Each school is allowed to submit a maximum of 2 players per weight category.

School	
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Type of Competition: Poomsae / Kyorugi*

Division: Junior / Senior

Name of Student

(as in BC/NRIC/Passport):

Class:

Gender:

F / M*

NRIC:

Date of Birth:

(dd/mm/yyyy)

Weight:

(to the nearest 1 decimal place)

Highest Belt / Grade Attained:	<input type="checkbox"/> White 9	<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Red 2
	<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Blue 4	<input type="checkbox"/> Red 1 (Black Stripe)
	<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Poom 1
	<input type="checkbox"/> Green 6		<input type="checkbox"/> Poom 2 <input type="checkbox"/> Poom 3
			For Kyorugi (senior division), only students with these Belt/Grade are eligible

Date Highest Belt/Grade Attained:

(dd/mm/yyyy)

(Based on registration deadline)

Participating Category (applicable only for <u>Poomsae</u>)	
Individual (1 Category)	Team of Three (1 Category)
	<input type="checkbox"/> Boys <input type="checkbox"/> Girls
<input type="checkbox"/> White 9	<input type="checkbox"/> White 9
<input type="checkbox"/> Yellow 8	<input type="checkbox"/> Yellow 8
<input type="checkbox"/> Yellow 7 (Green Stripe)	<input type="checkbox"/> Yellow 7 (Green Stripe)
<input type="checkbox"/> Green 6	<input type="checkbox"/> Green 6
<input type="checkbox"/> Green 5 (Blue Stripe)	<input type="checkbox"/> Green 5 (Blue Stripe)
<input type="checkbox"/> Blue 4	<input type="checkbox"/> Blue 4
<input type="checkbox"/> Blue 3 (Red Stripe)	<input type="checkbox"/> Blue 3 (Red Stripe)
<input type="checkbox"/> Red 2	<input type="checkbox"/> Red 2
<input type="checkbox"/> Red 1 (Black Stripe)	<input type="checkbox"/> Red 1 (Black Stripe)
<input type="checkbox"/> Poom 1	<input type="checkbox"/> Poom 1
<input type="checkbox"/> Poom 2	<input type="checkbox"/> Poom 2
<input type="checkbox"/> Poom 3	<input type="checkbox"/> Poom 3

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DETAILS OF COACH/ TAEKWONDO CLUB (STF AFFILIATED)

Club (if any):

Name of Coach

(as in NRIC/Passport):

**Coach Pass No.
(compulsory)**

STF

Coaching Qualification:

2 / 3*

***Please circle accordingly**